



## Poem: What Stops You Peace?

# What Stops You Peace?



\*Poem: What Stops You Peace? ~ Toranvichara

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## Poem:

Written at: Dec 5, 2025

I am 'me'

I am THE

I am true

I see future

I watch lives

I see streams of energy that I have carefully not  
intervened with

I hear melodies of life sometimes

I hear infidelity in nature sometimes

I have let go of self moral policing

I have let go of being brightest

I see how great lives saw things

I see how wrong things are weak & a soft push of  
air can fix world

I see how fixed world will not fix me

I see how 'life is suffering' is what it ends in

I see how I fit in boxes

I see what makes a seed grow  
I now see, why calmness fit perfectly to tragedy  
And I hear calmness that never existed  
And dear peace, I know what stops you & I know  
what will not

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What I meant when I wrote it:

**It's 'me'**, where me in quote because I still don't know me.

**I am THE**, THE here meant how I have earned name for myself.

**I am true**, means how now I don't fake myself.

**I see future**, means I have hope in life.

**I watch lives**, means how I have been more peaceful and I listen more.

**I see streams of energy that I have carefully not intervened with**, means I don't fight with my thoughts and imagination.

**I hear melodies of life sometimes**, means how I feel so complete and resonate in existence sometimes.

**I hear infidelity in nature sometimes**, means how I see difference in human morals and biology.

**I have let go of self moral policing**, means how I am kinder to self.

**I have let go of being brightest**, means same 'I have let go of being brightest'.

**I see how great lives saw things**, means now I experience hard emotions & legends feels natural.

**I see how wrong things are weak & a soft push of air can fix world**, means how world that was previously seen as full of problems for my eyes now I know how much words(soft push of air) can affect.

**I see how fixed world will not fix me**, means exactly what it says 'I see how fixed world will not fix me'.

**I see how 'life is suffering' is what it ends in**, means I feel & agree on what Buddha meant.

**I see how I fit in boxes**, means how in this time conditioning is so prevalent & I am biased.

**I see what makes a seed grow**, means how I see energy of life

**'I now see, why calmness fit perfectly to tragedy'**, means how sadness makes us see ourselves and other emotions are seen as distractive why sadness brings great things because of self-connection & how people are calmed only through tragedy.

**And I hear calmness that never existed**, means I see how calmness in moments could make our presence more fun.

**'And dear peace, I know what stops you & I know what will not'**, means how I start my poem questioning and ended realizing how I knew the answer I was looking all along.

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Toran,  
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